



EDAMAME SALAD WITH CORN AND BLACK BEANS

INGREDIENTS

1 cup edamame
1 can black beans, drained and rinsed
1 cup frozen corn, defrosted
1 cup halved cherry/diced plum tomatoes
1 avocado, diced
½ cup scallions, thinly sliced
½ bunch cilantro, chopped
1 tbsp red wine vinegar or juice from one lime
1 tsp hot sauce
salt and pepper to taste

DIRECTIONS

1. Mix all together in a bowl except the avocado. Mix well. Add the avocado in last so it doesn't get all mushy. Chill.
2. Serve in a bowl straight up, add to a burrito with raw salad greens, or put atop a veggie burger!

