



CHOCOLATE AVOCADO MOUSSE

INGREDIENTS

2 ripe avocados
1 ripe banana
1/3 cup cacao/cocoa powder
1/2 tsp vanilla
1 tbsp maple syrup

OPTIONAL TOPPINGS

pistachios, chopped walnuts
grated coconut
fresh berries

DIRECTIONS

1. Blend together all ingredients.
2. Chill and serve with fresh berries, pistachios, or coconut shavings. Enjoy!

