



# BANANA GRANITA

## INGREDIENTS

- 6 medium bananas, peeled, diced, frozen
- 1 tbsp unsweetened date honey
- 1 tbsp nut butter
- 4 seedless frozen grapes or ¼ cup frozen blueberries

## DIRECTIONS

1. Defrost bananas at room temp for 5 minutes. Process these in a food processor with honey and nut butter until smooth.
2. Thinly slice frozen grapes or use frozen blueberries, and serve atop banana granita with a mint sprig for garnish!

