



# AVOCADO CILANTRO DRESSING

## INGREDIENTS

1 avocado  
¼ cup plant-based Greek yogurt  
1 cup cilantro leaves and stems  
1 small garlic clove  
1 tsp lime juice  
water to dilute, as needed

## DIRECTIONS

1. Mash avocado very well, blend/whisk all ingredients together and adjust consistency with water.
2. Season with salt and pepper to taste.

