



# 3-2-1 DRESSING

## INGREDIENTS

3 parts vinegar (apple cider vinegar, champagne vinegar, balsamic vinegar...)

2 parts mustard (Dijon, spicy brown...)

1 part maple syrup (or honey)

## DIRECTIONS

1. Whisk together/shake vinegar and mustard to form an emulsion

2. Whisk in maple syrup or honey or agave (For example, 3 tbsp vinegar, 2 tbsp mustard, 1 tbsp maple syrup)

